

# Ryan M. Pickering

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Allegheny College  
Department of Psychology  
520 N. Main Street  
Meadville, PA 16335

## Education

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- Ph.D.** University of Maine, Social Psychology Spring, 2014  
GPA: 3.98  
Dissertation: *Getting to the Heart of Social and Educational Disadvantage: Exploring the Impact of Social Interactions across the Class Divide*
- B.A.** University of Maine at Farmington, Psychology May, 2008  
GPA: 3.91  
Honors Thesis: *Priming Narrative Worlds through Reading Fiction*

## Grants and Awards

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- SPSSI Innovative Teaching Honorable Mention Award (2019)
- Stackpole-Hall Foundation Diversity Grant, Spring 2016 and Spring 2017
  - *Western Pennsylvania First Generation College Student Conference*
- Maine Educational Opportunity Association Achiever Award (2016)
- Outstanding Research Award, Society for Personality and Social Psychology (2012)
- Outstanding Poster Award, 9<sup>th</sup> biennial convention of the Society for Psychological Study of Social Issues (2012)
- Psi Chi Recognition for Scholarly Contributions; New England Psychological Association (2011)
- University of Maine Dissertation Research Fellowship (Fall 2011- Spring 2013)

## Teaching Experience

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### Allegheny College- Assistant Professor

Psychology of Social Class/Power, F'16, F'18, F'19, F'20  
Pandemic Psychology, Summer 2020  
Psychology of Prejudice, F'14, Sp'15, F'15, Sp'17, Sp'18, F'18 (x2), F'19, Sp'21  
Contemporary Social Issues (PSYCH450), Sp'15, F'15, Sp'21  
Statistical Methods in Psychology (PSY207), Sp'17, Sp'18  
Second-Year Seminar: Social Psychophysiology, F'15  
Social Psychology, Sp'16, F'16, Sp'17, F'17, Sp'18, Sp'20, F'20, Sp'21  
Introduction to Psychology, F'14, Sp'15, Sp'16 (x2), F'16, F'17, Sp'20  
First-Semester Seminar: The Power of Imagination, F'17, F'20

**University of Maine- Primary Instructor**

Principles of Psychological Research, Summer 2013, Sp'14  
Statistical Methods in Psychology, F'11, F'12  
Social Psychology, Sp'13  
Theories of Personality, F'13  
Introduction to Psychology, Summer 2011

**University of Maine at Augusta- Primary Instructor**

Introduction to Psychology, Sp'14, F'13 (x2)

**Eastern Maine Community College- Primary Instructor**

Introduction to Psychology, F'12

**Research Experience**

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Fall 2014-present: Social Psychophysiology & Interaction Laboratory  
Allegheny College, Psychology Department

Fall 2008-Spring 2014: Psychophysiology and Social Psychology Laboratory  
University of Maine, Psychology Department (Shannon McCoy, PhD)

**Research Interests**

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Socioeconomic Status; Physiology; Stigma; Stress; Disclosure; Sustainability

**Publications, Manuscripts & Resources (Available Upon Request)**

**Pickering, R. M.** (2020). Responding to events in the news. In M. Kite, K. A. Case, & W. R. Williams (Eds.), *Navigating Difficult Moments in Teaching Diversity and Social Justice: Perseverance and Resilience*.

**Pickering, R. M.** (2019, September 27). *APA 5-week deep poverty initiative: Week 4* [Video]. YouTube.  
<[https://www.youtube.com/watch?time\\_continue=18&v=xS80JbpTs7U&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=18&v=xS80JbpTs7U&feature=emb_logo)>.

**Pickering, R. M., & Bernal, D. R.** (2018). Critical citizenship within higher education: Challenging a system which we uphold. *Forward: The Society for the Psychological Study of Social Issues*.  
<<https://www.spssi.org/index.cfm?fuseaction=page.viewPage&pageID=2393&noDeID=1>>.

**Pickering, R. M.** (2018). Finding our place: Increasing visibility and voice of academics from lower-SES backgrounds. *SES Indicator, 11*(1).  
<<https://www.apa.org/pi/ses/resources/indicator/2018/03/lower-socioeconomic-status>>.

Walker, L., **Pickering, R. M.**, & King-Tsikata, K. (Eds.). (2017). Updated resources for the inclusion of social class in the psychology curricula: Resources for educators. *Committee on Socioeconomic Status*.  
<<https://www.apa.org/pi/ses/resources/publications/social-class-curricula>>

### **Manuscripts in active revision**

O'Brien, C. K., & **Pickering, R.M.** Parentification as a mediator of first-generation college student status and family achievement guilt.

Parenti, S. & **Pickering, R. M.** Wealth of information: How income impacts impressions.

**Pickering, R.M.**, Connell-Pensky, A. E., Lo, A. & Bloeser, A. Cultural mentors without cultural knowledge: Moving from a first-generation college student to college faculty.

**Pickering, R. M.**, Parenti, S., & Anderson, S. Cross-class threat: Cardiovascular threat and performance effects of same and cross-class interactions for individuals from lower status backgrounds.

Jackson, L. E., Torrence, N., **Pickering, R.M.**, & Conklin, S. Does right-wing authoritarianism predict the use of antimicrobial products?

### **Peer Reviewed Abstracts and Presentations at National Conferences**

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**Pickering, R. M.** (2020). The role of student disclosure. *Beyond the Food Pantry: Meeting the Unmet Needs of College Students*. American Psychological Association. Virtual convention (Talk- Collaborative Symposium).

**Pickering, R. M.**, & Spitalny, A. (2020). Making class visible: Exploring social class disclosure concerns and consequences. Society for the Psychological Study of Social Issues. (Poster; Conference Cancelled)

**Pickering, R. M.** (2020). We're here, too: Early career faculty from lower-social class backgrounds. Society for the Psychological Study of Social Issues. (Interactive Discussion; Conference Cancelled).

**Pickering, R. M.** (2019). Does it take class to mentor? Mentoring as a former first-generation/low-income college student. *Lessons in Mentoring: Issues of Diversity, Fit, and Career Stage Transitions*. American Psychological Association. Chicago, IL (Talk-Collaborative Symposium).

**Pickering, R. M.**, & Spitalny, A. (2019). How much money do you make? Examining group differences in social class concealment concerns. American Psychological Association. Chicago, IL (Poster).

- Pickering, R. M.,** Williams, W. R., Melchiori, K., Lantz, M. M., & Mancoll, S. H. (2018). Making psychology more inclusive of SES and students/professionals of lower-SES backgrounds. American Psychological Association, San Francisco, CA (Collaborative Programming).
- Pickering, R. M.,** Bernal, D. R., Williams, W. R., & Garriott, P. (2018). Teaching social class. American Psychological Association, San Francisco, CA (Conversation Hour).
- Pickering, R. M.,** Kearney, C. A. (2018). Who rules the world? Human exceptionalism and environmental concern. The Society for the Psychological Study of Social Issues, Pittsburgh, PA (Talk).
- Pickering, R.M.,** Bullock, H., & Bernal, D. R. (2018). Social class in the classroom. The Society for the Psychological Study of Social Issues, Pittsburgh, PA (Interactive Discussion).
- Pickering, R. M. &** Kearney, C. A. (2018). Place of residence may predict human exceptionalism but not environmental concern. The Society for Personality and Social Psychology, Atlanta, GA (Poster).
- Pickering, R. M. &** Kearney, C. A. (2017). Investigating the restorative impact of outdoor recreation across socioeconomic status. The Society for the Psychological Study of Social Issues, Albuquerque, NM (Poster).
- Pickering, R. M.** (2017). *Teaching Social Justice*. Early career scholars professional development roundtable session. Society for the Psychological Study of Social Issues, Albuquerque, NM (Co-chair).
- Pickering, R. M. &** Kearney, C. A. (2017). Perceived human exceptionalism over nature may be moderated by social class. Association for Psychological Sciences, Boston, MA (Poster).
- Pickering, R. M.,** Newell, E. E., McCoy, S.K. (2016). Whose gay identity: Is perceived membership in the gay community based on social class? Society for Personality and Social Psychology. San Diego, CA (Poster).
- Pickering, R. M.,** Edebiri, O., Jackson, L. E., Conklin, S. M., Torrence, N., Cooper, C., & Raduluff, M. (2015). The multiple measures of socioeconomic status and how they do (and don't) relate. Association for Psychological Science, New York, NY (Poster).
- Pickering, R. M. &** McCoy, S. K. (2015). The negative impact of perceived prejudice for individuals from lower-SES backgrounds, and what might lead to resilience. Society for Personality and Social Psychology, Long Beach, CA (Poster).
- Pickering, R. M.,** McAuliffe, J. J., McCoy, S. K., Newell, E. E., Hawthorne, L. M. (2013). Environmental and population growth concerns may be different across

- socioeconomic status groups. Association for Psychological Science. Washington, DC (Poster).
- Pickering, R. M. & McCoy, S. K.** (2013). The stigma of class background, interpersonal interactions, and health. Society for Personality and Social Psychology. New Orleans, LA (Poster).
- Pickering, R. M.** (2012). Interdisciplinary research from a disciplinary perspective: Sustainability through social psychology. *Interdisciplinary Approaches to Sustainability—Graduate Students Researching Environmental Issues*. American Psychological Association. Orlando, FL (Conversation Hour).
- Pickering, R. M. & McCoy, S. K.** (2012). Growing up poor influences blood pressure and task engagement when interacting with a rich partner. American Psychological Association. Orlando, FL (Poster).
- Pickering, R. M., McCoy, S. K., Teisl, M., Noblet, C., & Dreyer, S.** (2012). Appreciative outdoor recreation reduces financial stress among low-income individuals. Society for the Psychological Study of Social Issues. Charlotte, NC (Poster).
- Pickering, R. M., McCoy, S. K., Newell, E. E., & Belknap, C.** (2012). The stigma of being poor: Evidence that relative low status leads to disengagement on a cognitive task. Society for Personality and Social Psychology. San Diego, CA (Poster).
- Pickering, R. M., Dreyer, S., Marcroft, R., McCoy, S. K., Noblet, C., Teisl, M., & Wibberly, M.** (2011). Take a hike, you'll feel like a million bucks: Free leisure activity effects on personal socioeconomic perceptions. Association for Psychological Science. Washington, DC (Poster).
- Dreyer, S., McCoy, S. K., Newell, E. E., Noblet, C., **Pickering, R. M.**, Teisl, M., Wellman, J. D., & Wibberly, M. (2011). The attitude/behavior link: Do environmental attitudes predict environmental behavior and recreation orientation? Association for Psychological Science. Washington, DC (Poster).
- Pickering, R. M., McCoy, S. K., Cosley, B., Newell, E. E., & Wellman, J. D.** (2011). Could coming out of the closet negatively affect gay men's self-esteem? Society for Personality and Social Psychology. San Antonio, TX (Poster).
- Pickering, R. M., McCoy, S. K., & Cosley, B.** (2010). Is anonymous disclosure of personal secrets more protective of psychological wellbeing than disclosure of shared secrets? Society for Personality and Social Psychology. Las Vegas, NV (Poster).

#### **Peer-Reviewed Undergraduate Student Presentations at National Conferences**

- O'Brien, C.K., & **Pickering, R.M.** (2021). Shoes that can no longer be filled: Parentification as a mediator of first-generation college student status and family achievement guilt. Society for Personality and Social Psychology. Virtual convention (Poster).

- Parenti, S., & **Pickering, R. M.** (2020). The effect of wealth expectations on impressions. American Psychological Association. Virtual convention (Poster).
- O'Brien, C. K., **Pickering, R. M.**, & Parenti, S. (2019). Go away! Examining experimenter gender and physical proximity on female performance on a logic task. American Psychological Association. Chicago, IL (Poster).
- Parenti, S., **Pickering, R. M.**, & O'Brien, C. K. (2019). Investigating impression management and physiological reactivity during cross-class interactions. American Psychological Association. Chicago, IL (Poster).
- Spitalny, A., & **Pickering, R. M.** (2019). Staying in the social class closet: Examining the consequences of social class concealment. American Psychological Association. Chicago, IL (Poster).
- Kearney, C. A., O'Brien, C., & **Pickering, R. M.** (2018). The moderating impact of gender on the positive impacts of outdoor recreation. The Society for the Psychological Study of Social Issues. Pittsburgh, PA (Poster).
- Lisle, A., & **Pickering, R. M.** (2018). Consistency of sexual orientation and depressive symptoms. The Society for the Psychological Study of Social Issues. Pittsburgh, PA (Poster).
- Wendell, D., McCoy, S. K., & **Pickering, R.M.** (2018). Are the benefits of egalitarianism a luxury? Belief in egalitarian benefits resting RSA...if you are higher in SES. The Society for Personality and Social Psychology, Atlanta, GA (Poster).
- Kearney, C. A., **Pickering, R. M.**, & Baker, C. (2017). The positive impacts of outdoor recreation may be moderated by gender. Association for Psychological Sciences, Boston, MA (Poster).
- Lisle, A., **Pickering, R. M.**, & Newell, E. (2017). Coming out in stages: How ages of disclosure to peers and to family differentially impact gay men. Association for Psychological Sciences. Boston, MA (Poster).
- Torrence, N., Price, K., Violette, R., Jackson, L. E., **Pickering, R. M.**, & Conklin, S. (2017). Right-wing authoritarianism and perceived vulnerability to disease predict use of sanitizers and antibacterial products. Association for Psychological Sciences. Boston, MA (Poster).
- Anderson, S., **Pickering, R. M.**, & McCoy, S. K. (2016). Examining cross-class interactions using the biopsychosocial model of challenge and threat. Society for Personality and Social Psychology. San Diego, CA (Poster).
- Edebiri, O., **Pickering, R. M.**, Jackson, L. E., Conklin, S. M., Torrence, N., Cooper, C., & Raduloff, M. (2015). Dirty liberals or clean conservatives? Conservatism may be associated with antibacterial use. Association for Psychological Science, New York, NY (Poster).

Torrence, N., **Pickering, R. M.**, Jackson, L. E., Conklin, S. M., Edebiri, O., Cooper, C., & Raduluff, M. (2015). Examining the relationship between social attitudes and health behaviors. Association for Psychological Science, New York, NY (Poster)

Tull, E., **Pickering, R. M.**, & McCoy, S. K. (2013). Inequality and health: Stress mediates the relationship between subjective SES and wellbeing. Association for Psychological Science. Washington, DC (Poster).

### **Other Presentations**

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**Pickering, R. M.** (2019). Communicating college: Talking about college with family and friends back home. 2019 First-Gen Conference, Meadville, PA (Talk).

**Pickering, R. M.** (2016). The threat of upward mobility: Examining the physiological impact of cross-class interactions for individuals from lower-SES backgrounds. Sigma Xi, Erie, PA (Invited Talk).

Edebiri, O., **Pickering, R. M.**, Jackson, L., & Conklin, S. (2016). Conservatives' hands are clean: Exploring the relationship between conservatism and antibacterial use. Eastern Psychological Association, New York, NY (Poster).

### **Service**

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-APA's Committee on Socioeconomic Status (2016- 2019)

Vice chair (2018-2019)

-SPSSI Early Career Scholars Committee co-chair (2016-2019)

-NSF Graduate Research Fellowship Panelist (2018)

-Co-Founder of First-Generation Student Program (FiGLI) at Allegheny College

-Article Reviewer for Basic and Applied Social Psychology (BASP); Analysis of Social Issues and Public Policy (ASAP); Journal of Social Issues (JSI)

-Conference Reviewer; American Psychological Association (APA); Society for the Psychological Study of Social Issues (SPSSI)

-Student Award Reviewer; Society for Personality and Social Psychology (SPSP); Association for Psychological Science (APS)

-Certified VALUE Institution Expert Scorer (Critical Thinking)

### **Professional Organizations**

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Society for the Psychological Study of Social Issues

American Psychological Association

Society for the Teaching of Psychology

Society for Personality and Social Psychology

Association of Psychological Science

Psi Chi Honors Program

Council for Undergraduate Research

Working Class Studies Association